



Term 4 Week 4
Wednesday 27th October 2021
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DIARY DATES

TERM 4	2021
Friday 29 th October	World Teachers Day
Monday 1 st November	All Saints Day
Tuesday 2 nd November	All Souls Day
Tuesday 9 th November	P & F Meeting 7pm via Zoom

PRINCIPALS MESSAGE

Dear Parents,

It has been wonderful to welcome the students in Years 2-6 back to onsite learning this week (and of course our Kindergarten and Year 1 students last week). There were smiling faces on the children (and parents alike) as the children were greeted by balloons and streamers, happy teachers and a few video cameras! Please make sure you view our welcome back videos which can be viewed by following these links – [K-1 Return 2-6 Return](#). We hope to post the videos on our YouTube Channel too.

As we recommence face to face learning for 2021 we are very conscious that we do everything we can to keep our community safe. We have enhanced cleaning protocols in place, staggered arrival and dismissal procedures, separate playgrounds for the students and procedures to increase fresh air into all spaces. We greatly appreciate your cooperation especially with the drop-offs in the mornings and collections in the afternoons. In particular please ensure that you move away from gate number two as quickly as possible so that we do not have crowding of groups of people in this location.

*"Dear God, we ask you to be with students as they return to school this term. Some will return to the physical classroom. We all need your protection and your guidance. Thank you for being with us through the hard times of remote learning and working and we ask that you stay with us each day as we return to the classroom. We ask all of this in Your name.
Amen"*

Have a fabulous and safe week.

Richard Blissenden
Principal

Cont...

STAFF DEVELOPMENT DAYS/END OF THE SCHOOL YEAR DATE

Each year all schools are allocated days when students are not required to attend – these are known as Staff Development Days. This allows schools to undertake professional learning and training. This year we held two Staff Development Days at the start of the year (for the administration of MAIs). We also had staff development days scheduled for term three which were cancelled due to remote learning. To ensure staff have sufficient time to complete mandatory training we have scheduled one additional staff development day for the end of the school year. Between now and the end of the school year staff will undergo training in Anaphylaxis, Asthma, Diabetes, First Aid and CPR. The dates for the end of the school year are
Tuesday 14th December – students attend – LAST Day of the 2021 School Year
Wednesday 15th December – Staff Development Day – students do not attend
Thursday 16th December – Staff Development Day – last day of the year / office closes.

SKOOLBAG

Advance notice that SkoolBag will be decommissioned by the end of the school year. Communications will occur via COMPASS moving forward – please consider downloading the COMPASS app to receive push notifications of news announcements.

BIRTHDAY CELEBRATIONS



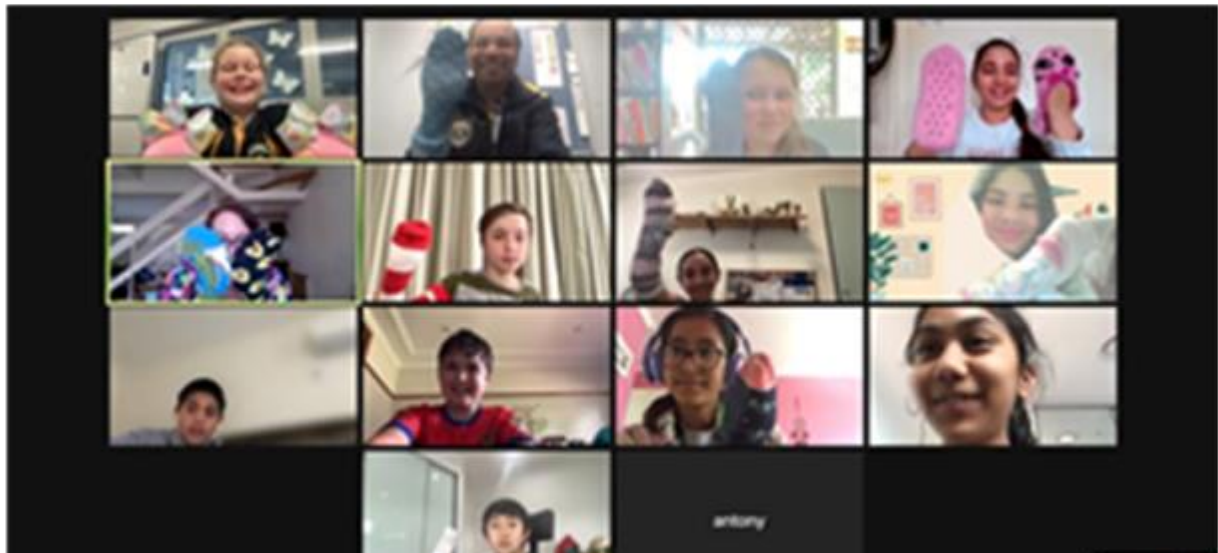
October 28	Elliot I
October 29	Arya W
October 30	Reanne Keira D
October 31	Jacob H
November 1	Amy L
November 2	William Z
	Anthony A
	Ela T
	Lucas O
November 3	Enrique P
	Selena K
	Maison O
	Jamie J
November 4	Kristina A
November 5	Wilson C
November 6	Marion P
November 8	Amarah K
November 9	Angelo R

We wish these children a very Happy Birthday!



CRAZY SOCK DAY

On Friday the 15th of October students at St Mary's wore crazy socks as part of Fri-Yay and the start of Mission Week. Some students wore their socks on their hands via zoom while others wore bright, colourful and mismatched ones on their feet. It was an important event, reminding students about the need to think of others as we approach Mission Week in week 3.



ST MARY'S SCHOOL BAND

ST MARY'S SCHOOL BAND JOIN THE BAND!

Is your child interested in joining the school band?

The school band is now taking enrolments for 2022 and is open to all students currently in years 2-5.

No prior experience needed!

During Term 4 students will see a band demonstration highlighting the different instruments available to learn at school. **After this demonstration they will receive a flyer with information** about school band and how to enrol.

What do you need to do?

1. **Carefully read the flyer** for information about the school band (or visit www.teachingservices.com.au/EOI)
2. **Select which instrument**** your child would like to play in the band – there are some important factors to consider when selecting an instrument and these are all covered on our website
3. **Enrol online** – once you have confirmed which instrument your child wishes to play, please finalise your enrolment online

Learning an instrument in an ensemble is a great way to experience the social, educational and personal benefits that music and the arts have to offer! TSA provides a variety of tuition options as well as instrument hire and sales to help parents give the gift of music to their children.

TSA is a registered COVID-safe provider and delivers instrumental programs with a focus on inclusion, student engagement and well-being.

***Selecting an instrument during remote learning and COVID restrictions will be different to previous years – TSA will provide parents with clear and simple advice to help you find the instrument best suited to your child.*



(02) 9651 7333
enrolments@teachingservices.com.au
www.teachingservices.com.au



Healthy Lunch Box recipe

Couscous cakes



Ingredients

¼ cup couscous, preferably wholemeal
1 tsp reduced-salt vegetable stock powder
1 cup boiling water
1 clove garlic, crushed
¼ cup parsley or coriander
½ cup tinned chickpeas, drained & rinsed
2 large eggs, lightly beaten
1 lemon, zested
Olive oil

- Makes 8 patties

Method

Place the couscous and stock powder in a large bowl and add boiling water. Stir, cover and sit for 5 minutes.

Chop the garlic in a food processor. Add the parsley or coriander and pulse until finely chopped. Add the chickpeas and pulse until chopped.

Fluff the couscous with a fork. Add the chickpea mix, eggs and lemon zest and mix well. Refrigerate for 15 minutes. Press into ¼ measuring cup to create cakes. Repeat with the remaining mix.

Heat olive oil in a frypan over medium heat. Add the couscous cakes in batches so not to over crowd. Press them down gently with a spatula to flatten. Cook until golden on both sides.

For more recipes visit:
healthylunchbox.com.au



Nutrition Snippet

HEALTHY HALLOWEEN SNACKS.

Healthy snacks don't have to be boring!



Swap out the usual snacks for these healthier ideas:

- Witchy guacamole face
- Veggie and tzatziki skeleton
- Banana ghost and mandarin lanterns

For ideas and recipes visit:
healthylunchbox.com.au



Nutrition Snippet

NEED SOME LUNCH BOX IDEAS?



Check out our range of [healthy lunch box](http://healthylunchbox.com.au) examples to give you inspiration!

For ideas and recipes visit:
healthylunchbox.com.au



Nutrition Snippet

SPRINGTACULAR FRUIT AND VEG.



Try these seasonal recipes:

- Pea and zucchini risoni
- Bliss balls
- Celery with cream cheese

For these recipes and more visit
healthylunchbox.com.au

healthylunchbox.com.au

