



Term 3 Week 8
Wednesday 9th September 2020
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DIARY DATES

TERM 3	2020
Friday 11 th Sept	St Mary's Feast Day
Tuesday 15 th Sept	P&F AGM – Zoom -TBC
Friday 18 th Sept	Muffi-Day – Gold Coin Donation for Year 6 EOY Graduation
Sunday 20 th Sept	Enrolment for Confirmation closes
Wednesday 23 rd Sept	Year 6 EOY Parent Meeting – 7:00pm - Zoom
Friday 25 th Sept	Term 3 Concludes
TERM 4	2020
Monday 12 th October	Term 4 Commence

GOLD COIN MUFTI-DAY

To help raise funds for the Year 6 End of Year Celebration, they will be holding a Muffi-Day on **Friday 18th September**. Please send in a "Gold Coin" with your child/ren if they wear muffi. Remember, covered in shoes must be worn and don't forget to pack a hat.

PRINCIPALS MESSAGE

Dear Parents,

This week, two separate parents have asked me about the concept of Executive Functioning and I found this article which I thought all parents might find interesting. Executive functioning skills are crucial for performance in school and life, beginning in the early years of a child's life.

What are executive functioning skills? These include the skill that helps us put aside what we want to do because we have to do something else. We call this inhibitory control. For a child, that might be stopping talking to listen to the teacher. Or waiting quietly to be called on in class. This type of executive functioning develops first, accelerating during the preschool years. Another important skill is our working memory: being able to store, maintain and use information over brief periods of time. An example is being able to remember events in a story when answering reading comprehension questions. This ability shows gradual improvement from preschool through adolescence.

Being able to adapt to changing task demands or contexts is an important executive functioning skill. For example, being able to switch from studying multiplication facts to getting started on a maths test. This capacity develops gradually between ages 3 and 5 and continues to mature into adolescence. Students often need to call on different executive-functioning skills in real time – for example, using inhibitory control to tune out distractions from classmates while recalling from working memory the teacher's directions to complete a writing assignment.

Executive functioning skills are partly inherited, but they are also sensitive to both negative and positive experiences. Positive experiences.

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A warm emotional climate, a balance of play and learning, and a caring and emotionally supportive school environment all help with the development of executive functioning. This includes adults showing self-regulation. Stress. Moderate stress is important to development but persistent stress undermines the development of executive functioning – for example, harsh parenting, violence in the home and abuse, and at school, unsafe, punitive experiences. Schools work hard to build safe, positive, emotionally supportive classrooms and other school experiences. Children who enter school with weak skills will be especially sensitive to school stresses. Children with poor executive development benefit from early intervention and targeted help.

Acknowledgement: "School-, Classroom-, and Dyadic-Level Experiences: A Literature Review of Their Relationship with Students' Executive Functioning Development" by Michelle Cumming et al in Review of Educational Research, February 2020

Have a safe and happy week!

Richard Blissenden
PRINCIPAL

NAMES ON UNIFORMS

A reminder that uniforms need to be labelled with your child's name. Please check and re-write names that are fading. Easy to read labels make it easy to return lost items.

BIRTHDAY CELEBRATIONS

- | | |
|--------------|------------------------------------|
| September 9 | Judah M
Rachel G |
| September 10 | Charlotte N
Christopher O |
| September 11 | Matilda S |
| September 12 | Kristen D
Matthias N |
| September 13 | Arnav V |
| September 16 | Evelyn B |
| September 17 | Liam A |
| September 18 | Alyssa D |
| September 19 | Noah C
Akito D |
| September 20 | Lachlan C
Oliver R
Michael S |
| September 21 | Selina L |
| September 22 | Caitlyn E
Molly L
Rosalea B |

We would like to wish all of these children a very happy birthday!!

PRINCIPAL AWARDS
TERM 3—Week 7



- 3G Maisie T & Kristen D
- 3J Tabitha M & Isabella M
- 4D Aimon L & Selina L
- 4R Olivia A & Scarlett S
- 5E Alysha R & Audrey L
- 5K Charlotte L & Jessica A
- 6K Aidan M & Keira D
- 6LV Sanderson K & Samuel P

CARE AWARDS
TERM 3—Week 7



- 3G Mia I & Nicholas K
- 3J Brandon E & Elise C
- 4D Benjamin L & Alyssa M
- 4R Matthias N & Finn N
- 5E Robbie F & Phillip S
- 5K Alyssa T & Isabel K
- 6K Monique G & Anthony S
- 6LV Sienna T & Rosalea B

FROM MR BLISSENDEN...

SCHOOL FEES

All families should have received their Term 3 school fee invoices in the mail. Families with outstanding fees are encouraged to contact Susan in the school office to discuss a payment plan with a view to having the payments finalised by the end of the school year. We do understand that COVID-19 has caused significant financial stress to a lot of people. Please do not hesitate to contact the school office if you need more information on concession options available under CEDP's COVID-19 support plan.

FATHER'S DAY DRAW

Congratulations to Chad C (6LV), Grace K (1D) and Paris S (2FM) who took home one of the 3 prizes made available by the P&F Stall Convenors. We hope all fathers enjoyed their special day.



WELL BEING

As part of our work in the **You Can Do It** Programme students have been talking about resilience – the ability to bounce back after experiencing a difficult situation. In the media recently there has been concern for people's well-being during the current pandemic and tomorrow is **RU OK Day** – a further example of well-being in action. To promote student well-being and to link to the work of the YCDI programme **students will be invited to wear a splash of RED (the colour red is associated with the key to success – resilience) to school tomorrow** – which also coincides with RU OK day. The splash of red could be a red hat, socks, shorts, hair ribbon etc. Stay tuned for more well-being awareness raising events planned for the coming weeks!



WHAT: National Walk Safely to School Day

WHEN: Friday 11th September 2020

WHERE: In all primary schools across the Australia

WHY: This national initiative aims to encourage children to lead a healthier, more active lifestyle by simply including a walk at the beginning, at lunchtime and at the end of each day. The event also promotes reduced car-dependency, greater use of public transport, cleaner air, improved diets and road safety to primary school children throughout Australia.

MORE INFO: www.walk.com.au/wstsd

NATIONAL CHILD PROTECTION WEEK...

NATIONAL CHILD PROTECTION WEEK: PUTTING CHILDREN FIRST

We all play a part in keeping children and young people safe and ensuring they can live and learn in a safe environment. This National Child Protection Week (6 to 12 September 2020), we pledge *commitment to listening to the voices of children and young people and remaining vigilant to their safety and wellbeing.*

In support of the National Child Protection Week theme, "Putting Children First", and in line with the National Catholic Safeguarding Standards, Catholic Education Diocese of Parramatta (CEDP) is committed to the establishment and implementation of child safe systems, policies and procedures.

The aim is to have in place practices that are proactive and preventative in nature, providing children and young people with school environments where they are safe, informed, participate, and where the adult community working together with children and your people, work towards making this happen.

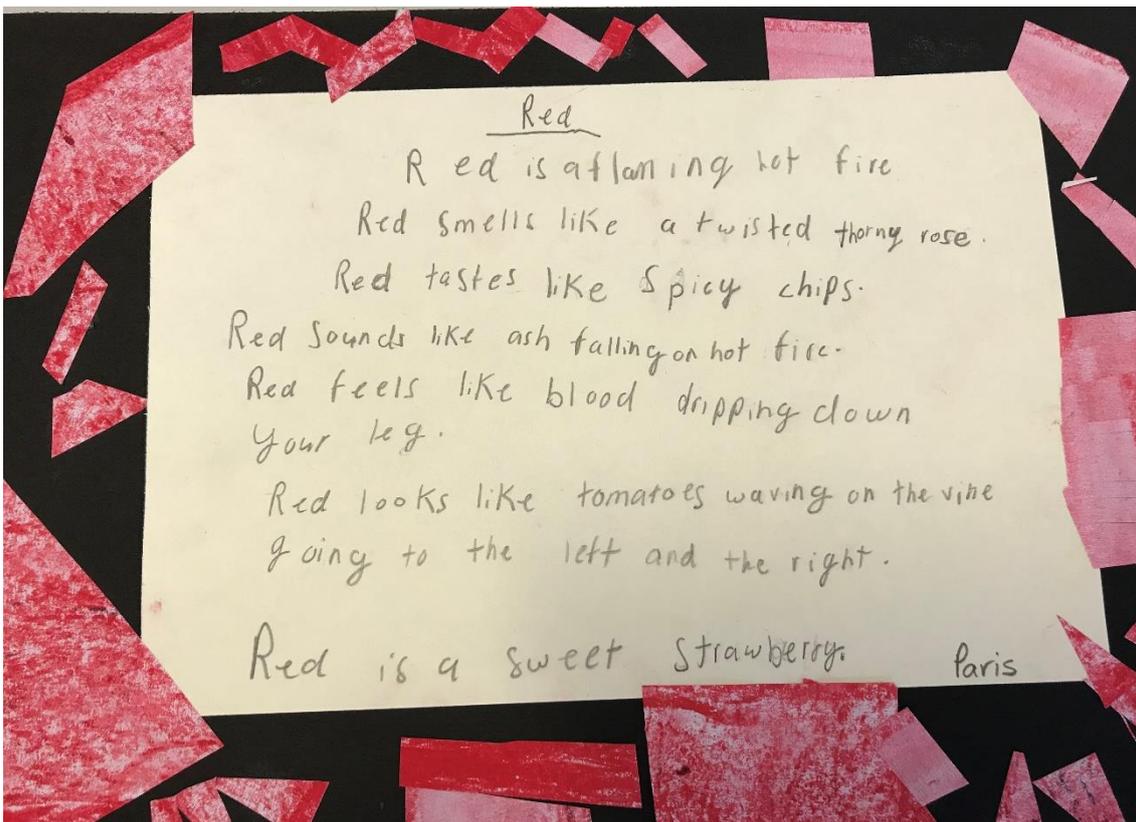
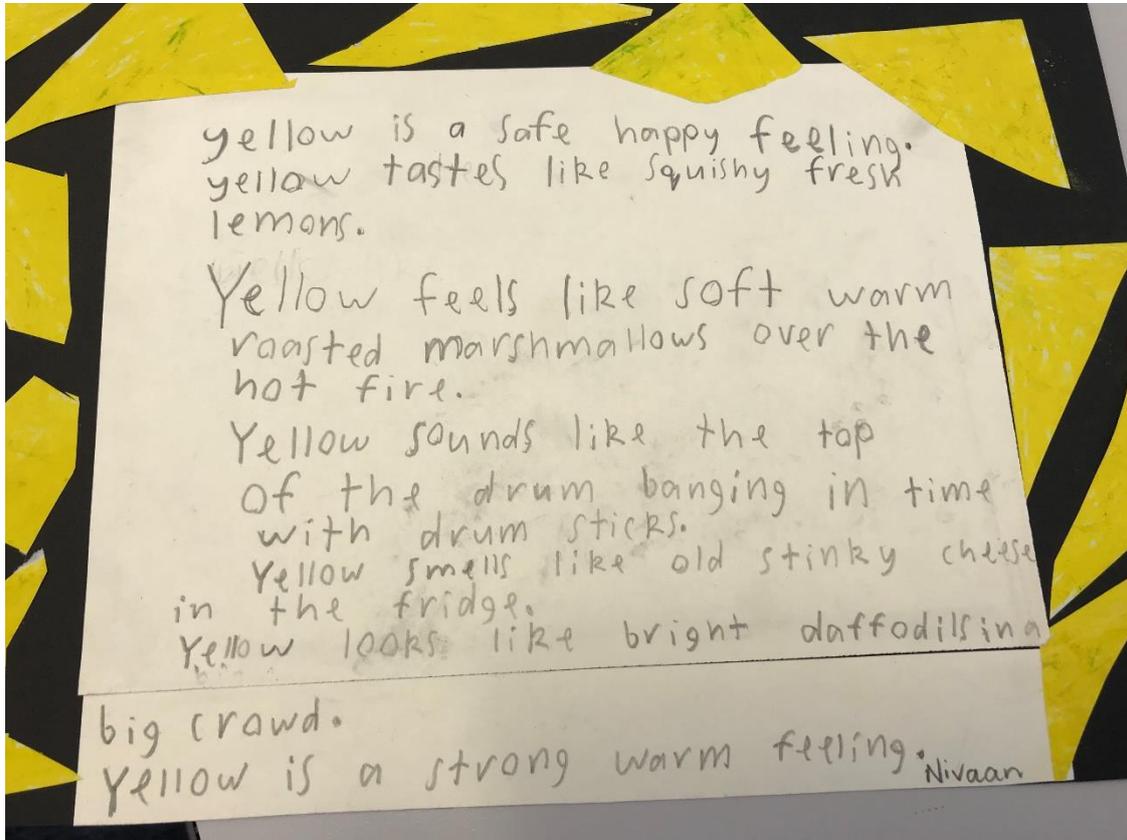
Recently, CEDP have moved from what was primarily Child Protection to Safeguarding, which requires us to do things differently, enabling a greater level of proactivity, children's voice and building all-round knowledge for what is safe behaviour when working with students and children. The CEDP Safeguarding team's role is to support the implementation of the Standards, to manage concerns raised about employees, Working with Children Checks (WWCC), and to provide training, education and support to the CEDP community.

By providing the community with the knowledge, support and procedures to keep children and young people safe we are equipping everyone with the tools and skills needed to be ambassadors of child safety! Throughout 2020, CEDP's Safeguarding Team have been working on many projects to align with the National Catholic Safeguarding Standards.

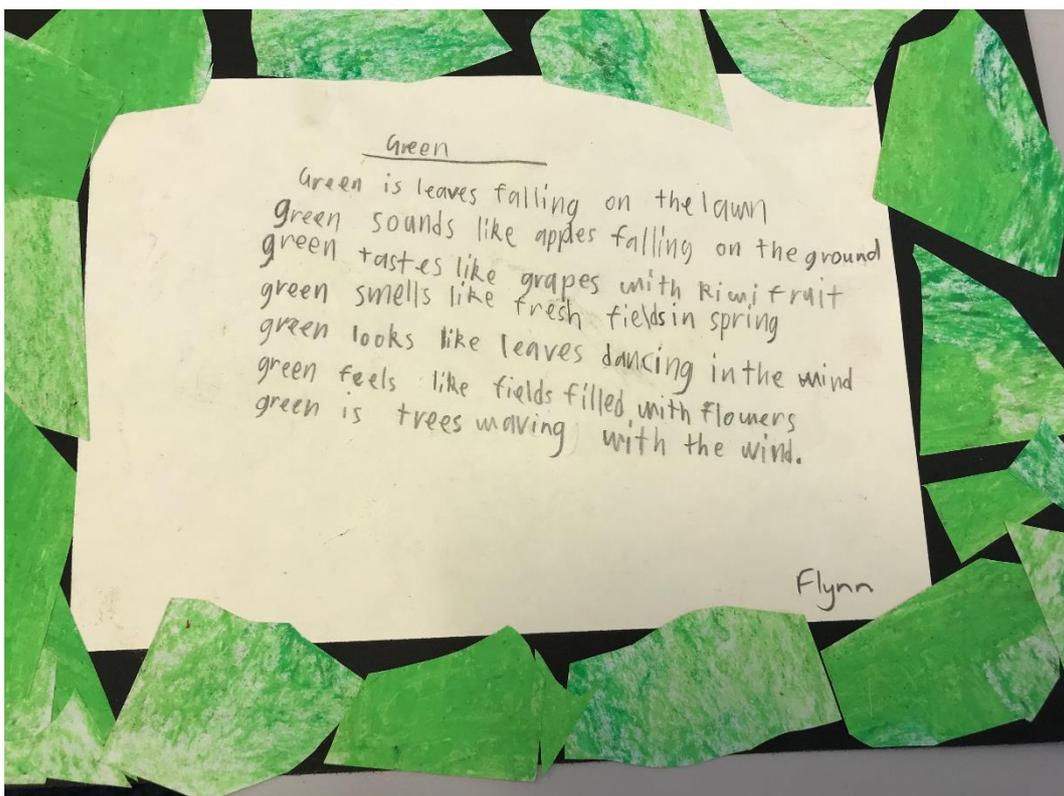
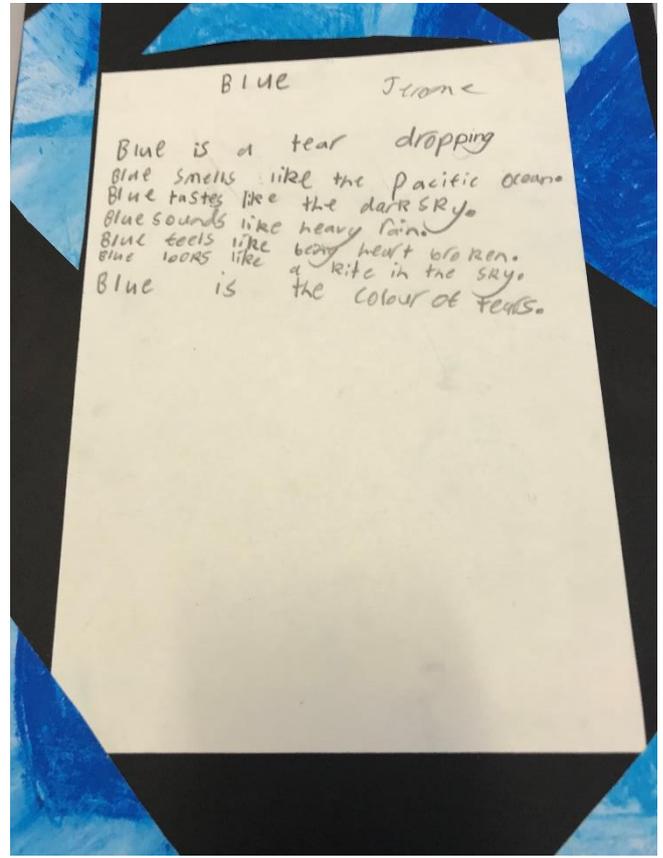
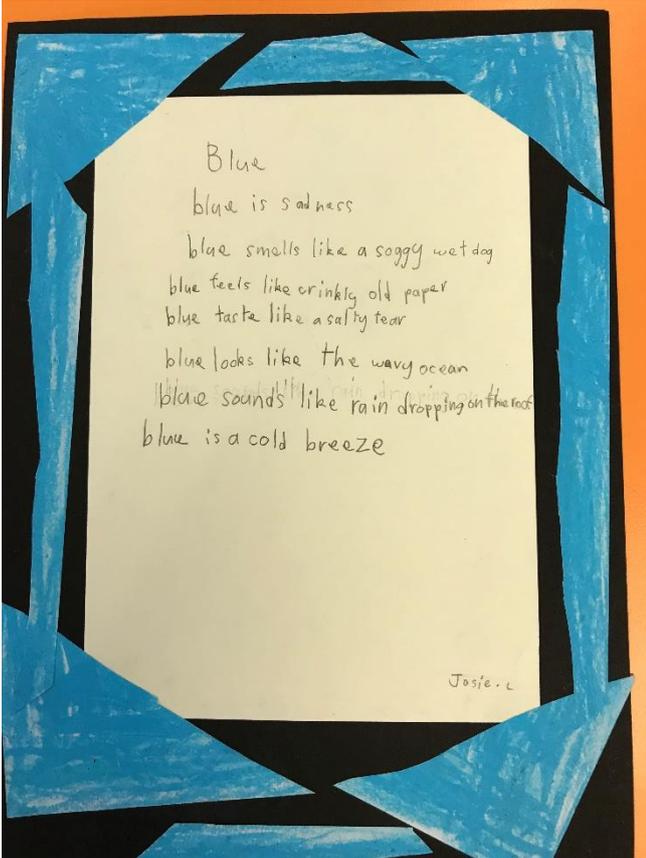
Check out www.parra.catholic.edu.au/About-Us/Building-Child-Safe-Communities - after all, what's more important than the knowledge to help keep children and young people safe.



FROM THE CLASSROOM – YEAR 2...



FROM THE CLASSROOM - YEAR 2....



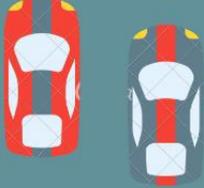
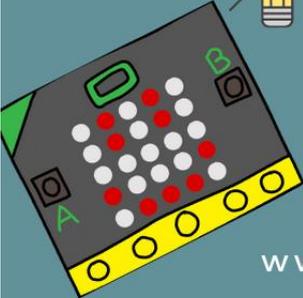
SCHOOL HOLIDAY PROGRAM...

SCHOOL HOLIDAY PROGRAM

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EXCITING PRIZES TO BE WON!
Entries due by 15th November 2020



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