



Term 3 Week 6

Wednesday 23rd August 2017

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## DIARY DATES

### TERM 3 2017

**Friday**      **Diocesan Athletics Carnival**  
**25th August**

**Monday**      **Guide Dog in Year 1**  
**28th August**      **10:00am**

**Monday**      **Fete Meeting 6:30pm**  
**28th August**

**Monday**      **Father's Day Gift Wrapping**  
**28th August**      **7:00pm**

**Tuesday**      **Father's Day Stall**  
**29th August**

**Tuesday**      **Year 6 Graduation Meeting**  
**29th August**      **7:00pm**

**Friday**      **Father's Day Breakfast**  
**1st Sept**      **8:00am**

**Friday**      **Father's Day Liturgy**  
**1st Sept**      **9:15am**

**Tuesday**      **Parents English Workshops**  
**5th Sept**      **9:00–10:00am and**  
                         **7:00–8:00pm**

**Friday**      **Year 1 Assembly**  
**8th Sept**      **2:30pm in the Hall**

**Monday**      **Fire Brigade in Year 1**  
**11th Sept**      **9:15am**

**Monday**      **Fete Meeting 6:30pm**  
**11th Sept**

## PRINCIPAL'S MESSAGE...

Dear Parents,

Of recent times, there has been much talk about our aging population and the fact that we are living longer. Professor Robyn Richmond conducted a study of 190 centenarians, the oldest was 112, and from her interviews with them found that personality traits and attitudes had a greater influence on their longevity than genetics. Low neuroticism – fear, worry, guilt – low anger and hostility, low impulsivity, low depression, high social connectedness, high openness, high conscientiousness; these seemed to be the key to a ripe old age. Levels of anxiety and depression amongst the group were well below average.

"Get on with it; you can't dwell on disappointments." "Wherever I am, I'm contented." "They tell me I'm the oldest woman. How did I get here? Just quietly living one day at a time." These were a sample of the comments from our most senior citizens and what wisdom they contain. Collectively, these centenarians seem to have discovered the secret of joyful living by being fully engaged with their lives and being fully alive in one present moment followed by the next. Pema Chadron, a Tibetan spiritualist, observed that, "Authentic joy is not a state of feeling or being high. Rather it is a state of appreciation that allows us to participate fully in our own lives."

Denmark seems to be the best country at living joyfully and the main reason is that most people strive to do their very best in their day to day activities. They do their best because they care, they work hard because that fulfils them and they don't worry too much about the "negatives". "Worry is like sitting in a rocking chair; it will keep you busy but you won't get anywhere." Author unknown.

The French naturalist, Jean Henri Fabre, was fascinated by processional caterpillars that marched in a long unbroken line front to back. So, he captured enough of them to encircle the rim of a flower pot. He linked them nose to end and started them walking in a closed circle around the rim of the pot. For days they moved like a perpetual merry-go-round and, although food was near at hand, the caterpillars starved to death on their endless march to nowhere.

Unfortunately, life is like this for some people. They worry over unfounded fears which really never happen. They wander through life without any meaningful and worthwhile purpose. Similar to the caterpillars, they spend their life going in circles which, as they age, become decreasing circles; a tragic way to live.

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**PRINCIPAL'S MESSAGE CONT....**

Joyful living is the result of being totally accepting of our present moment. Whenever we project ourselves away from our present moment and seek happiness in another time or place, we leave joy behind. When all parts of our life fully embrace where we are right now, we can't help but be joyful. When Jesus spoke to his Apostles and said, "These things I have spoken to you that my joy may remain in you and that your joy may be full" John 14:11. he was speaking through them to us.

Again, when Jesus said, "Until now you have asked nothing in my name; ask and you will receive that your joy may be full" John 16: 24 he is stating that he wants us to be full of joy. Jesus is inviting us to call on his name to draw on the resources of God for anything we need to help us to live joyfully. Living joyfully is a work in progress throughout our lives. So, "Get on with it; you can't dwell on disappointments."

*"Lord, we pray for a personal encounter with your words, 'Well done ... enter into the joy of your Lord'." Matt. 25: 23.*

Peace and best wishes.

Richard Blissenden  
PRINCIPAL



**VOICE OF YOUTH**

Congratulations to the three Voice of Youth finalists, Elizabeth Hogan, Katelyn Johnson and Carissa Gallagher. They spoke with confidence and were excellent representatives for our school at the Cluster final on Friday.

***By the Year 6 Media Team.***

**PREMIER'S READING CHALLENGE**

A reminder that all students completing the Premier's Reading Challenge MUST have their reading records online by this Friday, 25th August. If you have any questions, please see Mrs Radocchia.

**ICAS WRITING COMPETITION**

Congratulations to the 23 students who participated in the UNSW ICAS Writing Competition. We were awarded 2 Distinction, 9 Credit, 1 Merit and 11 Participation certificates.

**BOOK CLUB**

The current Book Club brochure Issue 6 2017 has been sent home with all students.

**ORDERS FOR ISSUE 6 CLOSE 11/9/2017**

To order and pay for Book Club by credit card visit [www.scholastic.com.au](http://www.scholastic.com.au). Please order and pay via the website. No orders are to be sent to the school office. Books will be delivered to the school and distributed to students. Any questions, please contact Kris Muir—Book Club Coordinator

**PRINCIPAL AWARDS**  
**TERM 3—Week 5**



- KA Yomika Dodampegama & Wylie Lockhart
- KT Samuel Calveley & Noah Collier
- 1F Selina LaMacchia & Sara Sangachhe
- 1R Jacinta Boustani & Hannah Peaty
- 2B Audrey Lampasona & Jacob Nassima
- 2MV Jackson Henstock & Flynn Smith
- 3G Lochlainn Melville & Lucas Piper
- 3S Kayla Ghalloub & Johnathan Kolosakas
- 4J Joshua Green & Casey Kaseke
- 4K Jacob Carr & Michaela de la Roche
- 5E Annalies Marsh & Anthony Asfour
- 5L Larissa Laguzza & Chloe Williams
- 6B Aidan Williams & Myle Panagiotopoulos
- 6W Carissa Gallagher & Michael Lowery

**CARE AWARDS**  
**TERM 3—Week 5**



- KA Minnie Elliot & Maxwell Norton
- KT Ahmani Youakim & Brodie Hart
- 1F Thomas Lowery & Benjamin Lambert
- 1R Charlotte Newman & Daashan Wu
- 2B Ava Libbert & Hayden Green
- 2MV Robert Flint & Carey Kaseke
- 3G Sami Boustani & Brian Lim
- 3S Maiya Hughes & Anthony Scott
- 4J Brianna Ward & Lina Yoo
- 4K Orlando Ballout & Sierra Lake
- 5E Christopher Padden & Catherine Lim
- 5L Jack Denholm & Lucinda Palmas
- 6B Annika Byrne & Natalia Pan
- 6W Nicole Pitchfork & Vazgen Simonyan

## FROM MR BLISSENDEN...

### 2017 NAPLAN RESULTS

Last week the NAPLAN results for this year were sent home to all Year 3 and 5 families. NAPLAN provides the families and school with a great deal of information about student learning as well as trends in school and student learning growth. We have a great deal to celebrate this year with our results with very positive growth in Reading, Writing and Numeracy in Year 3, 5 and 7. It is important to note that the results from Year 3 inform us about the growth in Early Stage 1 and Stage 1, Year 5 results informs us about growth in Stage 2 and Year 7 results informs us about growth in Stage 3. The school will dissect the data and modify programs and approaches in the necessary Key Learning Areas to best respond to this information.

### LEAVING STUDENTS

A terms notice (10 school weeks) in writing must be given to the Principal before the removal of a student or a full term's fees will be payable. The notice can be given any time during term for the next term. Where appropriate notice has been received, a pro-rata credit can be calculated based on a pro-rata 40 week year. One exception is that notice in writing will be accepted at any time during Term 4 in relation to the following years' enrolment ie: the notice period of 10 school weeks will be waived in this circumstance.

### NAPLAN ONLINE

During Week 7 of this term (from Monday 28th August until Friday 1st September) our students in Year 3 and Year 5 will participate in the NAPLAN Online School Readiness Test. The School Readiness Test is a 'practice run' for schools to assess their technology ahead of NAPLAN Online. The readiness test is not a test of student ability. Year 5 will complete two assessments while Year 3 will only be required to complete one assessment. Please contact Mrs Gosper (NAPLAN Coordinator) if you have further questions.

### CARPARK / ROAD SAFETY

Children should be supervised closely near roads, in car parks and on pedestrian crossings. Please be aware of moving vehicles and hold your child's hand when ever you cross the road or walk through the car park.

### DANCE / DRAMA

For the remainder of 2017 Mrs Kirkness will be working in Year 6 and students in Kindergarten to Year 6 will complete all Dance / Drama activities in class as required. Sport and Music on Thursdays and Fridays is unaffected. Mr Wheadon has been seconded to the Catholic Education Office as a Technology Coach and will be working across a number of schools including St Mary's on Thursdays and Fridays. This is a wonderful addition and support for the work we are doing.

### MR BLISSENDEN'S HOLIDAY CHALLENGE

Our last challenge was to design a greeting card without words to convey a message. The winners were announced at the last Assembly and all winning entries will be professionally produced as a greeting card to be sold as a pack of 8 cards at the fete. Congratulations to Joseph Sun KT, Samantha Giarratano 1R, Aanya Singh 2MV, Katerina Hart 3G, Zoe Anderson 4J, Catherine Lim 5E, Elizabeth Hogan 6W and Mrs Jordan on your winning designs.

### AFTER SCHOOL PROGRAMME

An optional, 5 week, at cost, after school Basketball programme will shortly be offered to families. Details will be shared via Skoolbag so keep your eye out for further information!



## IMPORTANT INFORMATION...

### Book Club **LOOP**

The EASIEST way for parents to order and pay for Book Club!



### Parents: Are you registered for **LOOP**?

**LOOP** is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for **LOOP** receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!



Head to [scholastic.com.au/LOOP](http://scholastic.com.au/LOOP) and register today!

SCHOLASTIC

### BIRTHDAY CELEBRATIONS



August 25	Ana Ivanova Minnie Elliot
August 26	Kayla Anisse Sarah Iacono
August 30	Jack White
August 31	Myles Panagiotopoulos Christopher Padden Cruz Godínez Wylie Lockhart
September 1	Kelly Stevens

We would like to wish all of these children a very happy birthday!!

### WEST RYDE ROVERS CRICKET CLUB

2017/2018

**REGISTRATION IS NOW OPEN**

For details and to register ONLINE go to

<http://>

[westryderoverscc.nsw.cricket.com.au/](http://westryderoverscc.nsw.cricket.com.au/)

Please don't hesitate to contact us if you have any questions:

email: [registrar@wrrcc.com.au](mailto:registrar@wrrcc.com.au)

Phil Mundy (Club Secretary)

email: [secretary@wrrcc.com.au](mailto:secretary@wrrcc.com.au)

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