





E: stmarysrydal@parra.catholic.edu.au www.stmarysrydalmere.catholic.edu.au



1 Myrtle Street Rydalmere NSW 2116

2nd November 2020

SWIMMING PROGRAM 2020

Dear Parents.

This year swimming lessons for Kindergarten to Year 6 will be held from **Monday 23**rd **November** to Friday 4th December. The swimming program will be at Aquabliss at Seven Hills. Students will be transported to and from the pool by bus.

This is a **10 day swimming program** and every child will be engaged in a 40 minute lesson each day. THE SWIMMING PROGRAM IS COMPULSORY FOR EVERY STUDENT IN THE SCHOOL. The cost for this year's program has been included in your child's school fees.

This is a Royal Life Saving approved Swim & Survive program. The instructors at Aquabliss are experienced and Austswim qualified. They will teach a balance of swimming skills, water safety and water confidence. The instructors will group children of similar swimming ability to best cater for the different levels of ability across each grade. They will also cater for squad swimmers.

The bus company, Aquabliss and St Mary's School all have COVID-19 safety plans. These plans will be strictly adhered to and include: extensive use of hand sanitizer, physical distancing by all adults, no contact with the general public and limited crossovers between St Mary's cohorts. No parent spectators are permitted at the pool.

Please complete and sign the permission slip below and return to school by **Friday 15**th **November**.

EACH CHILD MUST HAVE THEIR OWN PERMISSION SLIP. PLEASE DO NOT INCLUDE ALL FAMILY MEMBERS ON THE SAME NOTE.

Amanda Day Sport Coordinator 	
I give permission for	Class
to attend: SWIMMING PROGRAM	on: 23/11/20 - 4/12/20
Mode of transport is BUS	
Parent's Name	_ Parent's Signature