

## **Child Asthma Record**

This form is to be completed by parents/carers, ideally in consultation with the child's doctor (general practitioner or specialist). Parents/carers should inform the service immediately if there are any changes to the child's asthma management. A new Asthma Record should be provided at the beginning of each year.

Please tick the appropriate box, and print your answers clearly in the blank spaces where indicated.

Personal Details		
Child's Name	(first name)	(last name)
Gender ☐ Male ☐ Female	Date of Birth / /	
Emergency Contacts	1. Name	Relationship
(eg. Parent or Carer)	Telephone (daytime)	(home)
	2. Name	Relationship
	Telephone (daytime)	_ (home)
Doctor's Contact Details	Name	Telephone
Asthma Management Plan		
Child's Symptoms (eg cough) _ Triggers (eg exercise, pollens)	en he/she needs medication?	
Name of Medication	Method of delivery (eg puffer & spacer)	When & How Much
TVarrie of Medication	Method of delivery (eg paner a spacer)	WHEN A NOW MIGHT
In an <b>EMERGENCY</b> , follow the	plan that has been ticked:	
Standard Asthma First Aid Plan		My Child's Asthma First Aid Plan
Step 1: Sit the child upright and remain calm and provide reassurance.  Do not leave the child alone.		As written in consultation with my child's doctor.
Step 2: Give 4 puffs of a blue reliever ( <i>Airomir, Asmol, Epaq or Ventolin</i> ), one puff at a time, through a spacer device*.  Ask the child to take 4 breaths from the spacer after each puff.		(Full details must be attached or staff will use the Standard Asthma First Aid Plan)
Step 3: Wait 4 minutes.		
still little or no improven	provement, repeat steps 2 and 3. If there is nent, call an ambulance immediately (Dial 000). Is 2 and 3 while waiting for the ambulance.	
*Use a blue reliever (Airomir, Asmo	I, Epaq or Ventolin) on its own if no spacer is available	e.
Additional Comments:		
should he/she require help. I will not Please contact me if my child require	o follow the preferred Asthma First Aid Plan and assist otify you in writing if there are any changes to these insires emergency treatment or if my child regularly has a	structions. asthma symptoms whilst attending the service.
•	ommended)	